
Contents

<i>Preface</i>	ix
<i>Acknowledgments</i>	xvii
1 Introduction: Three Stories	1
2 DMCs Versus Long-Term Motivation: Positioning DMCs Within L2 Motivation Theory	20
3 Vision: The ‘Directed’ Aspects of DMCs	40
4 The Launch of a DMC: Shifting Into ‘Hyperdrive’	58
5 The Unique Structure of a DMC: Utilizing ‘Renewable Energy’	80
6 Positive Emotional Loading: Eudaimonic Well-Being and Authenticity	99
7 When the Current Begins to Wane: The Nature of Effort and the Longer-Term Sustainability of DMCs	119
8 Introducing ‘Group-DMCs’	140
9 Generating DMCs in the Language Classroom	167
<i>Index</i>	199